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Cosmetic Dentistry

Sedation Dentistry

Endodontics

Periodontics

Invisalign

Dental Implants

Oral Surgery

Teeth Whitening

TMD

DILUTED BLEACH SOLUTION DIRECTIONS:

For Use in Oral Irrigator once per day (Starting 2 months after surgery or immediately for Non-Surgical Treatment)

For best results, remember to "FBI": FLOSS, BRUSH, and IRRIGATE.

Needed:

(1) Bleach (unscented)

(2) Water

(3) A container for solution- we recommend either a 16oz, ½ gallon, or gallon container

To Mix Bleach Solution: (Label all bottles as "Bleach Solution")

· If you use a 16 oz. bottle, add ¼ teaspoon of bleach and then fill bottle the rest of the way with water and shake it to mix. You may keep your 16 oz. Peridex bottle to mix your bleach rinse and re-label the bottle.

· If you use a half gallon bottle, add 1 teaspoon of bleach and the rest water and shake it to mix.

· If you use a gallon bottle, add 2 teaspoons of bleach and the rest water and shake it to mix.

Directions for use with an Oral Irrigator (WaterPik):

This will give better results (reduction in pockets, bleeding, etc) than rinsing alone.

Using an irrigator will not replace the need to floss. Please continue flossing daily.

(1) Obtain oral irrigator. (We recommend a WaterPik Waterflosser.)

(2) Pour 1 cup of the diluted bleach solution into the oral irrigator reservoir.

(3) Point the stream of water perpendicular to the tooth using the lowest setting on the OralIrrigator.

(4) ONCE daily, irrigate with this solution until the reservoir of the Oral Irrigator is empty.

(5) After irrigating with bleach, rinse your mouth with clear water or your favorite non-alcoholic mouth rinse.

(6) Rinse Oral Irrigator lines & tank afterward with clear water.

WARNING: Bleach solution can damage clothing, carpet, etc.

AFTER 2 WEEKS THE BLEACH SOLUTION WILL LOSE ITS POTENCY.

PLEASE DISCARD ANY REMAINING SOLUTION AND MAKE A NEW BATCH OF BLEACH SOLUTION**