



Dr. Ijadi Root canal Post op

Thank you for trusting our practice with your root canal treatment. Below are the instructions following your root canal treatment. As always, if you have any questions or concerns, please let us know.

- 1) Expect some pain or swelling after root canal therapy It is normal to have some discomfort especially when chewing**
- 2) Do not chew on root canal-treated tooth for the next few days**
- 3. Do not chew stick food, especially chewing gum**
- 4. Avoid biting or chewing hard food such as ice**
- 5. Try to use the other side if possible**
- 6. No smoking. Smoking delays healing**
- 7. Do not eat until anesthesia has worn out**
- 8. You need to have a crown as soon as possible**
- 9. Root canal treatment teeth need a crown to prevent fracture**
- 10. Take your antibiotics and finish it. If you are taking birth control pills ask your doctor about it**
- 11. Take the pain medications for 3 days regardless**
- 12. Please keep me posted Dr. Ijadi contact (917)-582-5723**

**Tysons Dental Associates
8230 Boone Blvd
Suite 410
Vienna, VA 22182
703-848-8906**